Taste & Visit the Cedar Forest


You can visit the Reserve through four entrances: Ain Zhalta/Bmohray, Barouk, Maasser el Shouf and Niha
• Hiking: more than 230 km of hiking trails in the mountain or next to the river
• Biking: 20 Bicycle are available at the Reserve Park House
• Snowshoeing: 40 snowshoes are available
• Bird watching
• Environmental activities for students

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Thank you for choosing our restaurant
Now you can get a 25% discount when you visit the Shouf Biosphere Reserve

Get a 15% discount in the following restaurants.

Hike & Taste
Taste the delicious Lebanese and International cuisine

• Al-Amir Restaurant: Lebanese food at the main street in Nabeh El Barouk 03/225166
• Baytna Restaurant: Lebanese food in the old water menu and international cuisine 05/240540 www.baytna.info
• Chalalat Restaurant: Lebanese food at Barouk river falls 03/387228
• Al-Jawal Restaurant: Lebanese food at the main street in Barouk village 03/703706
• Chalalat Restaurant: Lebanese food at the main street in Nabeh El Barouk 03/699138
• Al-Jawal Restaurant: Lebanese food at the main street in Barouk village 03/387228
• Al-Midyaf parks & restaurants: Beside barouk river & the Nature falls. 20/443318 or 05/240578 www.almidyaf.com.
• Pinacea : Café in addition to Lebanese and western food with a panoramic view of Barouk village and the Barouk Cedar Forest, on the way to Barouk entrance 03 596 764 facebook : Pinacea Barouk
• Tourist Restaurant: Lebanese and western food, near the Barouk Cedar Forest Entrance + Accommodations 05/240587 www.touristrestaurant.com


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Spring and summer special treats in Ammiq!

Visit Al-Shouf Cedar Reserve and get 20% discount on Tawlet Ammiq

Or

Enjoy your lunch at Tawlet Ammiq and get 25% discounted entrance to Al-Shouf Cedar Reserve.

Tawlet Ammiq is a high enviromental performance building, with a high thermal performance building envelope, naturally assisted cooling, lighting at minimum cost and solar water heating. It uses 80% less energy to operate than a conventional construction. All waste (mostly organic) is sorted and recycled. Waste is reduced by sourcing unpacked products or using reusable containers.

Offer is valid during 2013

Date & Signature

Number of visitors ______

The project of Tawlet Ammiq, the eco-restaurant was developed and implemented by Al-Shouf Cedar Society and A Rocha, funded by the Swiss Development Agency (SDC), on a land donated by Skaff Estate.

The project is part of a regional program that aims to support some protected sites in Lebanon, Syria and Jordan, funded by the Swiss Development Agency (SDC) and implemented by Royal Society for Conservation of Nature (RSCN).


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